

“The Tatkon staff is so kind and helpful and truly aided me in transitioning to campus.”

“I love the diverse resources that are offered.”

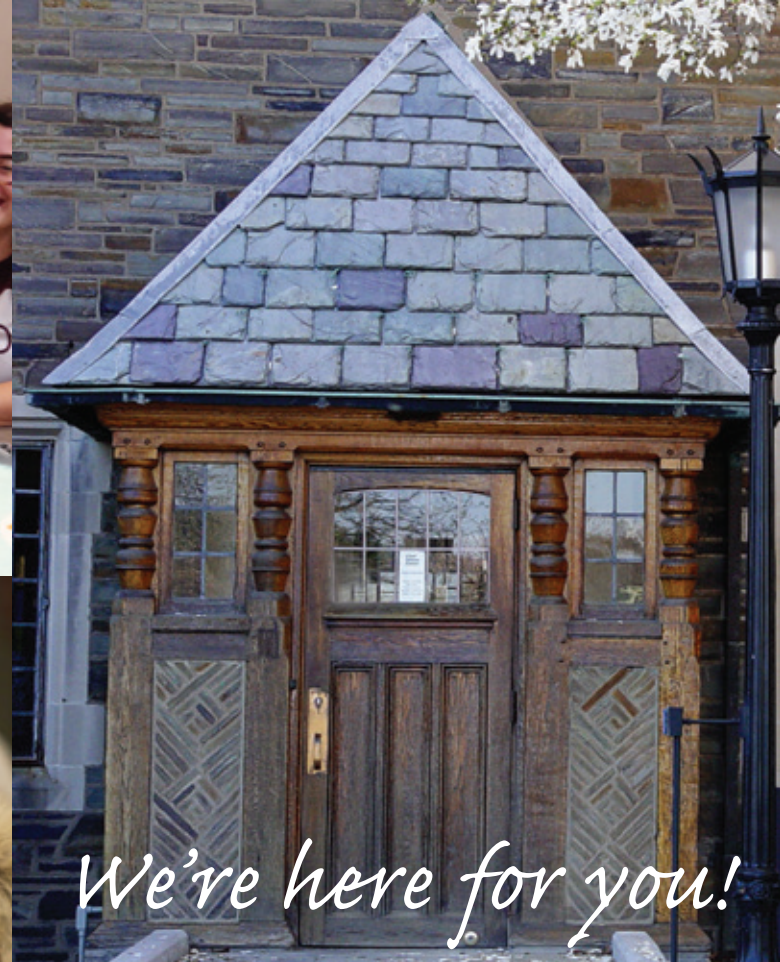
“I know the Tatkon Center was pivotal for my adjustment this year.”

“I always found Tatkon to be a place where I could relax.”

“I’ve taken advantage of Let’s Talk and Let’s Meditate. I think these are crucial to de-stress.”

“The Tat is a really warm and inviting space where you can find help.”

“Whether it’s academic help or just the need to chat, the student staff at Tatkon are an amazing resource.”

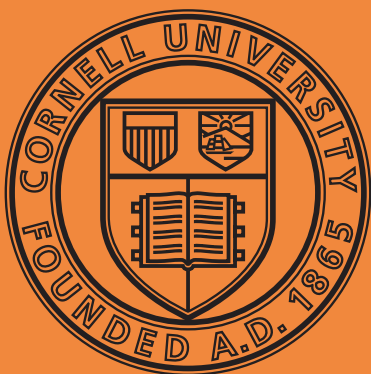


# the Tatkon Center

A Resource Center  
for First-Year Students

South Balch Hall | Cornell University  
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[tatkoncenter@cornell.edu](mailto:tatkoncenter@cornell.edu) | 607.253.4282

Mon–Th: 8am–11pm | Fri: 8am–5:30pm  
Sun: 3pm–11pm







# Who we are

The Tatkon Center for First-Year Students welcomes you! Come in and ask anything! We can help you settle in and learn about campus opportunities.

Our 24 student staff represent over 30 majors and minors, 70 student organizations, and 5 home countries. We like sharing our experiences to help maximize yours.

We offer diverse programming throughout the fall and spring terms, from informal faculty talks to fun study breaks.

Watch for our weekly e-newsletter and follow us on Instagram and Facebook. All events and services are free.

# Our services

- comfortable study spaces
- meditation
- study breaks
- peer advising
- discover research opportunities
- counseling
- meet faculty
- explore majors, minors, careers
- post-prelim fun
- drop-in peer tutoring
- study skills workshops
- meet upper-level students
- Carol's Café
- sushi
- smoothies
- coffee
- Net-print
- laptop lending
- wellness activities
- art exhibitions